

The Simply Everything Plan Unlimited nationwide talking, texting, emailing... \$99.99/mo. Get it now Sprint WELCOME

- Blogs: Across the Pond, Scratch Crib, Shopping, Travel
Lifestyles: Archive, At Home, Crossword, Fashion/Beauty, Eating In, Food, Health News, Lottery, Religion, Sudoku, Susanna's Light Out, Travel, 50+ Lifestyles, Baby's first years, Shopping
Columnists: Ask Dog Lady, Laura Berman, Betsy Hart, Downtown Diary, Ask Ellie, Dave Hoekstra, Horoscopes, Cheryl Lavin, Paige Wiser

LIFESTYLES ::

POWERED BY BlogBurst
The views expressed in these blog posts are those of the author and not of the Chicago Sun-Times.



Top 6 Cookbooks for Every Personality Type This Holiday

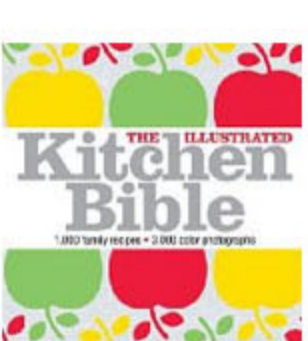
Monday, December 08, 2008

Quick- how many more days left until Christmas? Having a little mental block when it comes to gift ideas? Take a look at our cookbook picks. They are sure to satisfy every type of personality on your gift list, while staying kind to your wallet. They are all quite different, yet have a common theme: they are intended to be used, not just perused.

Top 6 Cookbooks for Every Personality on Your Gift List

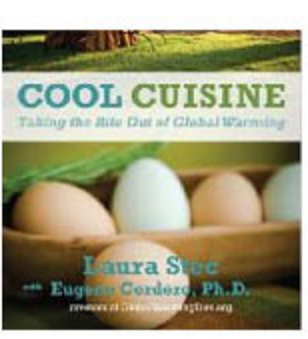
1. Top Cookbook for the Kitchen Rookie: The Illustrated Kitchen Bible

This cookbook is the perfect holiday gift for aspiring foodies, newlyweds, or recent college grads just moving into their own place. Victoria Blashford-Snell and her team managed to pack 1,000 family recipes from around the world into a book that is both beautiful and usable. Despite the volume of recipes, the book is designed to stay open on your counter, so it's easy to use. We absolutely love the mouth-watering pictures of every recipe - yes every recipe! Everything you could want to know is included - so all you have to do is cook!



2. Top Cookbook for the Eager Environmentalist: Cool Cuisine

This is the book for any green-leaning folks on your gift list, whether they are just beginning their "live green" journey or are well on their way. Authors Laura Stec (a chef) and Eugene Cordero, PhD (a climate scientist), teamed up for a book that is as interesting to read as it is fun to use. There are lots of neat eco facts sure to please the enviro geek, with various eco-friendly recipes, tips, and techniques sprinkled throughout the book.



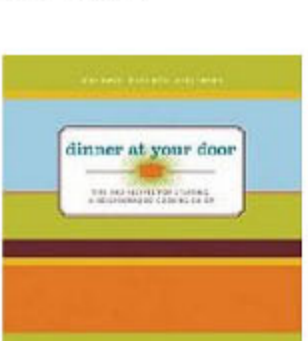
3. Top Cookbook for Health-Oriented Foodies: The Food You Crave

Your foodie friends, whether they are just starting out or are advanced in their cooking skills, will thank you. This cookbook is packed with a wide range of recipes from familiar fare to unique combinations, with everyday ingredients that are easy to find in the grocery store. Author and nutritionist Ellie Krieger offers recipes, tips, and tricks to produce tasty, "crave-able" foods that happen to be healthy as well. Look for the inevitable stains and smears on each page as the recipes get put to the test.



4. Top Cookbook for Kitchen Socialites: Dinner at Your Door

Got an organized, motivated guy or gal on your list who loves cooking and sharing great food? This is cookbook for them. Authors Alex Davis, Diana Ellis, and Andy Remeis deliver a book containing everything you could possibly need to start and maintain a neighborhood dinner co-op. The idea is that you cook one great dinner a week in exchange for two or three dinners delivered to your door by neighbors. Besides recipes, the authors have included a checklist for getting started, as well as a prep worksheet and compatibility survey.



5. Top Cookbook for Parents of Picky Eaters: The Toddler Cafe

A great book for parents on the run with picky young children in tow, who yearn to feed their children better meals that do not take hours to prepare. We like the interesting twist on some familiar favorites, as well as some unusual combinations (black beans and banana, for example). Author Jennifer Carden also provides ideas for involving young children in the kitchen. No previous kitchen experience necessary.



6. Top Cookbook for the Gadget Geek: Things Cooks Love

This is the ultimate cookbook to give your gadget-loving kitchen geek. Author Marie Simmons (partnering with Sur La Table) demystifies common and unusual kitchen appliances by offering techniques, tips (including care instructions), and recipes developed around each piece of equipment. The book starts off with essential cookware, then moves on to appliances and ingredients associated with different cultures around the world, with plenty of recipes offered along the way.



The Bottom Line

During these tough economic times, our desire for great and nourishing foods can still be an everyday reality. Making a meal at home has never been easier with the range of recipes and tips contained within our top cookbook picks for this holiday season.

Related Articles

- Healthy Holiday Gift Guide 2007 (Foodie Edition)
Santa's Best Tips for Avoiding Holiday Food Traps
Top 5 Healthy Holiday Foods

Written by Sofia Layarda, MPH, RD

Read more from this blogger

POWERED BY BlogBurst
The views expressed in these blog posts are those of the author and not of the Chicago Sun-Times.

FREE SHIPPING ONLINE! cashmere gifts 30-50% OFF savings off reg. prices SHOP NOW

SUN-TIMES BLOGS ::

- TRAVEL BLOG: Going to Asia? Snap up some free tickets to Thailand (12/16/2008 10:48:27 AM)
ACROSS THE POND BLOG: Istanbul in Photos (12/17/2008 13:11:42 PM)
SCRATCH CRIB BLOG: Shakoor For Sure (Arrested Development, J. Buffett) (12/17/2008 13:33:49 PM)
SHOPPING BLOG: Join White Attic for grand opening party (12/04/2008 16:12:31 PM)

TOP STORIES ::

- NEWS: Feds seek to freeze Blago campaign fund, sources say
BUSINESS: Dem official: Obama taps Mary Schapiro to head SEC
SPORTS: Time to separate Bears facts from popular fiction
ENTERTAINMENT: Hideout acts to back Barack's D.C. hoopla

- LIFESTYLES: Old-time bulbs burn hole in pocketbooks

YOURSEASON.COM YOUR ULTIMATE SOURCE FOR CHICAGOLAND HIGH SCHOOL SPORTS news scores blogs photos video CLICK HERE TO CHECK OUT YOUR SCHOOL NOW CHICAGO SUN-TIMES

