

THE Local Guide for Active Urban Families November 2009

West Coast Families

westcoastfamilies.com

**Our Annual
Gift Guide
is Here!**

**Winter
Party Guide**

All You Need for
Your Kiddie Soiree

**What's a
REAL Family,
Anyway?**

**Salt Spring
Island**

Watch out for
Fairies!

**yummy
mummy**

Get Zen for the Holidays!



