

THE Local Guide for Active Urban Families November 2009

# West Coast Families

westcoastfamilies.com

**Our Annual  
Gift Guide  
is Here!**

**Winter  
Party Guide**

All You Need for  
Your Kiddie Soiree

**What's a  
REAL Family,  
Anyway?**

**Salt Spring  
Island**

Watch out for  
Fairies!

**yummy  
mummy**

Get Zen for the Holidays!



